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Multi-Agency Training Programme

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Introduction

ARCH North East is delighted to introduce its new sexual violence and abuse multi-agency training programme for Teesside.

ARCH training can help workers and volunteers recognise the signs of sexual violence and abuse, understand the issues affecting victims, survivors and their families and respond quickly and effectively when someone needs help and support.

Who are the courses for?

The training is primarily aimed at workers and volunteers who may come into contact with victims and survivors of sexual violence and abuse.

The training is suitable for workers and volunteers from many different sectors and organisations, including, but not limited to:

- Health professionals, for example, midwives, health visitors, GPs, nurses, mental health services
- Adult and children's social care practitioners
- Children's Centres
- Education sector
- Housing and hostel providers
- Alcohol and drug services
- Criminal justice agencies

Please read the outline for the courses available to ensure the course content meets your training needs. If you would like to discuss your training requirements prior to booking, please contact:

01642 822331
training@archnortheast.org

About the training

All of the courses listed in this programme are delivered in a multi-agency setting. This provides participants with the opportunity to share their experience, skills and knowledge and learn about other agencies' roles, responsibilities, and limitations in relation to the topics covered.

All the courses are delivered using various training methods including small group work, DVDs, PowerPoint presentation, trainer led inputs, skills practice, and case studies. The training is highly interactive and based upon current best practice and evidence of what works well in response to sexual violence and abuse.

Rape Crisis

ARCH is a member of Rape Crisis England & Wales and proud that both our values and ethos are based on feminist ideals and principles. While we focus on the needs of women and girls, we fully acknowledge men and boys also experience rape and sexual violence and abuse, and that the impacts on their lives can be similarly devastating and long-lasting. ARCH offers specialist advice and support to every victim and survivor who has experienced sexual violence and/or abuse at any time in their lives.

CPD Accredited Training

CPD stands for Continuing Professional Development (CPD) and is the term used to describe the learning activities professionals engage in to develop and enhance their abilities. It enables learning to become conscious and proactive, rather than passive and reactive.

Well-crafted and delivered continuing professional development is important because it delivers benefits to the individual, their profession and the public. CPD ensures that workers maintain and enhance their knowledge and skills they need to deliver a professional service to clients and the community.

Accredited CPD training means the learning activity has reached the required Continuing Professional Development standards and benchmarks. The learning value has been scrutinised to ensure integrity and quality. The CPD Certification Service provides recognised independent CPD accreditation compatible with global CPD requirements.

Content warning

Please be aware that this training programme deals with potentially emotive subjects. The content and materials used may be upsetting to anyone who has been affected by sexual violence and abuse. On all courses, information is provided about help lines and local and national support agencies that can be contacted should you feel the need to talk to someone other than your colleagues or manager.

Equal Opportunities

ARCH North east is committed to a policy of Equal Opportunities and of valuing and respecting difference and diversity. We aim to provide access to training regardless of a person's ethnicity, gender, disability, sexual orientation, gender identity, age or religion.

We aim to ensure that all of our courses are inclusive and avoid discrimination in all respects. This is an integral objective in our planning and preparation of the training and at all times we undertake to:

- Ensure that all participants are treated as individuals
- Respect the opinion and experience of others
- Appropriately challenge discriminating language or any oppressive behaviour

Charges, training booking terms and conditions

Workers from all organisations are welcome to attend and due to funding from the Cleveland Police and Crime Commissioners Office, all our CPD accredited training is free.

Cancellations and non-attendance fees

If you are booked to attend a course but are subsequently unable to attend, you must cancel your booking as soon as you become aware of this so that the place will be available for someone else.

The booking organisation will pay the full fee of £50 for anyone who does not attend and did not cancel his or her place or fails to stay for the entire duration of the course.

You must attend the entire course to receive a certificate.

ARCH North East reserves the right to cancel courses. If this happens, we will inform you as soon as we possibly if we can, offer an alternative date where possible.

Telephone 01642 822331
training@archnortheast.org

Sexual Violence and Abuse – The Basics

What is the aim of this course?

To increase participants' awareness and understanding of the nature and impact of sexual violence and abuse.

What will the course cover?

- Nature and prevalence of sexual violence and abuse
- Impact on adult victims and children
- Barriers to disclosure and seeking support
- Myths surrounding sexual violence and abuse
- Local and national initiatives and support services for victims and survivors

Who should attend?

This is a basic level awareness raising course therefore no prior knowledge is necessary. The course is suitable for anyone who may come into contact with victims and survivors of sexual abuse.

Duration: 3 hours

Sexual Violence and Abuse – Pre-Trial Therapy

What is the aim of this course?

To increase participants' awareness of Pre-Trial Therapy and the benefits to clients experiencing trauma.

Participants will be familiar with the associated paperwork and how to use it and be confident in working therapeutically with Pre-Trial Therapy clients.

What will the course cover?

The course will cover

- the existing Cleveland Pre-Trial Therapy Protocol,
- writing appropriate notes and
- being confident around delivering therapy within this framework.

Who should attend?

Practitioners who may come into contact with victims and want to know more about what can be offered within the legal framework of delivering Pre-Trial Therapy

Duration: 3 hours

Child Sexual Exploitation – Practitioner awareness

What is the aim of this course?

To equip practitioners to understand the needs of victims of Child Sexual Exploitation and how to support and safeguard them appropriately

How to respond appropriately to disclosure

What will the course cover?

On completion of the training learners will be able to:

- Understand the definition of Child Sexual Exploitation (CSE) and be able to use it in your work
- Understand consent, what it is and what it is not
- Understand the grooming process and be able to apply this knowledge to children and young people (CYP) who may be being groomed
- Understand sexting and the law related to it
- Understand the Signs of CSE and apply this knowledge to CYP

Who should attend?

This is a basic level awareness raising course therefore no prior knowledge is necessary. The course is suitable for anyone who may come into contact with children and young people.

Duration: 3 hours

Sexual Violence and Abuse in Lesbian, Gay, Bisexual and Transgender (LGBT) Relationships

What is the aim of this course?

To increase awareness and understanding of the nature and impact of sexual violence and abuse in LGBT relationships.

What will the course cover?

- The nature and dynamics of abusive relationships
- The myths surrounding sexual violence in LGBT people's relationships
- How sexual violence and abuse can affect a victim's sense of self and identity
- Exploring the complex issues that prevent LGBT people from reporting abuse

Who should attend?

This is a basic level awareness raising course therefore no prior knowledge is necessary. The course is suitable for anyone who may come into contact with victims and survivors of sexual abuse.

Duration: 3 hours

Sex Working in Modern Day Britain

What is the aim of this course?

Provide frontline practitioners a basic insight into the work of supporting people engaged or exploited through sex work.

What will the course cover?

- Exploring the many different areas of sex work in modern day Britain
- The law and why people get involved
- The importance of listening to sex workers and their experiences
- What ARCH can offer
- Promoting good practice principles

Who should attend?

This is a basic level awareness raising course therefore no prior knowledge is necessary. The course is suitable for anyone who may come into contact with victims and survivors of sexual abuse.

Duration: 3 hours